

**Setting Goals (SMART)**

Standard/GLO: 9-10.W.2b: Develop the topic with well-chosen, relevant, and sufficient facts, extended definitions, concrete details, quotations, or other information and examples appropriate to the audience's knowledge of the topic. Self-Directed Learner, Community Contributor.

Activity	Resource	Time
<p>Bellwork:</p> <p>List three personal goals (ie school, family, social, health &amp; fitness, etc).</p> <p>Please choose goals that you are willing to share with the class.</p>	<p>Scratch paper</p>	<p>2”</p>
<p>Setting Goals:</p> <p>Have students share one of thier three goals with the class. (popcorn share, community ball, round robin, etc.)</p> <p>Hand out “S.M.A.R.T. Goals”. Go over each component of the SMART acronym.</p> <p>As a class, create a S.M.A.R.T. goal using the handout as a guide. <i>In the interest of time, you may want to prepare a few S.M.A.R.T. goals ahead of time and share them with the class.</i></p> <p>Hand out the “SMART Goals Worksheet.”</p> <p>Have students choose two of their three goals and complete the worksheet. One goal per side. Please monitor the students and assist them on meeting all the SMART components.</p>	<p>S.M.A.R.T. Goals Handout</p> <p>SMART Goals Worksheet</p>	<p>5”</p> <p>5”</p> <p>5”</p> <p>13”</p>